



Golf



Merit Badge Workbook

This workbook can help you but you still need to read the merit badge pamphlet.

This Workbook can help you organize your thoughts as you prepare to meet with your merit badge counselor.

You still must satisfy your counselor that you can demonstrate each skill and have learned the information. You should use the work space provided for each requirement to keep track of which requirements have been completed, and to make notes for discussing the item with your counselor, not for providing full and complete answers.

If a requirement says that you must take an action using words such as "discuss", "show", "tell", "explain", "demonstrate", "identify", etc, that is what you must do.

Merit Badge Counselors may not require the use of this or any similar workbooks.

No one may add or subtract from the official requirements found in Scouts BSA Requirements (Pub. 33216).

The requirements were last issued or revised in 2019 • This workbook was updated in March 2019.

Scout's Name: _____ Unit: _____

Counselor's Name: _____ Counselor's Phone No.: _____

<http://www.USScouts.Org> • <http://www.MeritBadge.Org>

Please submit errors, omissions, comments or suggestions about this **workbook** to: Workbooks@USScouts.Org
Comments or suggestions for changes to the **requirements** for the **merit badge** should be sent to: Merit.Badge@Scouting.Org

1. Discuss safety on the golf course.

Show that you know first aid for injuries or illnesses that could occur while golfing, including lightning, heat reactions, dehydration, blisters, sprains, and strains.

Lightning	
Heat reactions:	

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Dehydration:

Blisters:

Sprains:

Strains:

- 2. Study the USGA Rules of Golf now in use.
 - a. Tell about the three categories of golf etiquette.

1.

2.

3.

b. Show that you know about the definitions of golf terms.

Term	Definition

c. Show that you understand the "Rules of Amateur Status."

3. Tell about your understanding of the USGA system of handicapping.

4. Do the following:

a. Tell about the early history of golf.

b. Describe its early years in the United States.

c. Tell about the accomplishments of a top golfer of your choice.

5. Discuss with your counselor vocational opportunities related to golf.

6. Do the following:

a. Tell how golf can contribute to a healthy lifestyle, mentally and physically.

b. Tell how a golf exercise plan can help you play better.

Show two exercises that would improve your game.

c	1.	
c	2.	

7. Show the following:

a. The proper grip, stance, posture, and key fundamentals of a good swing.

- c Grip
- c Stance
- c Posture
- c Key fundamentals of a good swing.

c b. Driver, played from a tee.

c c. The fairway wood shot.

c d. The long iron shot.

c e. The short iron shot.

f. The approach, chip-and-run, and pitch shots.

- c Approach
- c Chip-and-run
- c Pitch shot.

g. The sand iron shot, bunker, or heavy rough recovery shots.

- c Sand iron shot
- c Bunker recovery shot
- c Heavy rough recovery shot

c h. A sound putting stroke

c 8. Play a minimum of two nine-hole rounds or one 18-hole round of golf with another golfer about your age and with your counselor, or an adult approved by your counselor.

1.	Date:		Course:		Score:	
2.	Date:		Course:		Score:	

Do the following:

- c a. Follow the "Rules of Golf".
- c b. Practice good golf etiquette.
- c c. Show respect to fellow golfers, committee, sponsor, and gallery.

When working on merit badges, Scouts and Scouters should be aware of some vital information in the current edition of the *Guide to Advancement* (BSA publication 33088). Important excerpts from that publication can be downloaded from <http://usscouts.org/advance/docs/GTA-Excerpts-meritbadges.pdf>. You can download a complete copy of the *Guide to Advancement* from <http://www.scouting.org/filestore/pdf/33088.pdf>.